

## Summer 2010 Study Groups

PL--Indicates Peer-Led Format: group interaction/participation is expected

M--Denotes Lecture or Video Format with interaction between participants and coordinator(s)

JUNE 28 through AUGUST 6

NO STUDY GROUPS HELD THE WEEK OF JULY 5

### Monday 9:00 a.m. – 11:30 a.m.

#### 1. CELEBRITY OUTLAWS IN FILM M

Don Demski, Coordinator

What is it about outlaws that fascinates so many people? In this study group you'll learn the facts and see how Hollywood has turned these "public enemies" into American legends. They include Jesse James, Billy the Kid, Butch and Sundance, Bonnie and Clyde, John Dillinger and more. They add up to about 75 years of robbin' and shootin' and more newspaper headlines than anyone could count. Minimum participants: 10. Note the longer time period.

### Monday 9:30 a.m. – 11:30 a.m.

#### 2. INTRODUCTORY DIGITAL PHOTOGRAPHY M

George Gintowt, Coordinator

We will be meeting twice a week to explore the art, craft and science of photography in a digital age. Lecture, demonstration and hands-on sessions will help you with creative techniques and technical basics to get the most from your digital camera. Participants will have opportunities to share and/or take pictures at most sessions, using their own digital cameras. Maximum participants 20; minimum 8. Note: second session of the week meets Wednesday 9:30-11:30.

### Monday 1:00 p.m. – 3:00 p.m.

#### 3. BEGINNING MAH JONGG M

Carol Bobbe, Judy Rick and JoAnne Endorf, Coordinators

Get the flavor of the Orient and learn a challenging game – Mah Jongg. This class is for those who have never played. We'll spend half of each session instructing, the other half actually playing. If you are curious or just love to play games, join us. We'll provide all materials. Maximum participants 15; minimum 10

#### 4. DEMYSTIFYING MUSIC M

Steve Wolf, Mary Ann Mroz, Gordon Palmer, Rem Stokes and George Stiver, Coordinators

Most of us enjoy music, but many have not had a musical education and lack a full

understanding of why they like some kinds of music or why they don't like (or think they don't like) some other kinds. Ranging across many types of music, we will explore music basics, develop an understanding of the common structural elements underlying most music, and get familiar with some tricks of the musical trade. Bring your favorite recordings—any kind of music—for our mutual listening and discussion. The coordinators have musical experience and are eager to enhance your enjoyment and understanding of music. Maximum participants: 48

## **Tuesday 9:00 a.m. – 12:00 noon**

### **5. SEMI-LONG CLASSIC FILMS PL**

Gordon Palmer and Ray Rukstales, Coordinators

We will show and discuss major Classic Films that are too long for the regular Classic Film Class. Films range from 2+ to almost 3 hours in length, have lasting worth, have received awards and are 40+ years old. Discussions might include history of the film, directors, cast members, music, etc. Class members may choose to lead discussions of some films. Maximum participants 30; minimum 10. Note the longer time period.

**Tuesday 9:30 a.m. –11:30 a.m.**

### **6. LIFE AFTER DEATH M**

**Bob Long and Margo Temple, Coordinators**

We've all wondered about this "mystery. We'll look at ideas and theories and see what we can learn from "near death" experiences, "out of body" and past life reports. We'll examine evidence and hear from some interesting guests speakers who are "tuned" into these fascinating subjects.

**Maximum participants 45; minimum 20.**

### **7. CURRENT EVENTS PL**

**Bob Gilden, Coordinator**

Participate in lively, stimulating and provocative discussions of current events. These sessions will be extemporaneous discussions. Topics will not be pre-determined but will be issues that are prominent in the news each week. Your participation will make for an interesting and thought-provoking exchange of ideas. All Democrats, Republicans and Independents are welcome!

**Minimum participants: 15.**

## **Tuesday 1:00 p.m. – 3:00 p.m.**

### **8. WOODY ALLEN IN THE '90's PL**

**George Venetis, Coordinator**

No other American director has been as prolific as Woody Allen. In the 1990's, he let loose an unprecedented string of films that would represent an entire career for most film makers, but for Allen, just a fraction of a life's work. Among them: Manhattan Murder Mystery; Bullets Over Broadway; Mighty Aphrodite; and Deconstructing Harry, named one the 100 best films of the 90's. We will continue our series by watching these films, and discussing the third decade of Woody's unparalleled film career. **Minimum participants: 10.**

## **Wednesday 9:00 a.m. -11:30 a.m.**

### **9. CLINT EASTWOOD – FIVE OF HIS EARLY MOVIES PL**

**Jack McKee, Coordinator**

We'll view A Fistful of Dollars, For a Few Dollars More and The Good, The Bad and The Ugly plus two other Clint Eastwood movies determined with class input. **Maximum participants: 48; minimum 5. Note the longer time period. We will meet 5 times beginning June 30 and every Wednesday in July; we will not meet 8/4.**

## **Wednesday 9:30 a.m. – 11:30 a.m.**

### **10. FOOD, GLORIOUS FOOD M**

**Debby Miller, Marilyn Lind and Meg Sculerati, Coordinators**

We will examine many aspects of food, including purchasing, preparation, history, myths and legends and much more. We also will discuss favorite restaurants and will have special guests.

### **11. ORIENTAL BRUSH PAINTING WORKSHOP M**

**Carolyn Simons, Coordinator**

This is a workshop for members who have previously taken the Oriental Brush Painting class, who have all their own equipment and who know the basics.

## **Wednesday 1:00 p.m. – 3:00 p.m.**

### **12. BATTER UP! IT'S ICL BASEBALL TIME M**

**Tom Dooley, Joe Maladra and Carolyn Simons, Coordinators**

It may be a long time before the Cubs win a World Series—or even a pennant. Weep not: for five exciting weeks you can enjoy the pinnacle of baseball greatness, brought to you by all-star players, coaches, scouts, athletic directors, club owners, and dyed-in-the-wool fans. Plus you will be a key part of the rosters in ICL's unique baseball contests and rivalries. Register early for a box seat! Note: Sessions may run to 3:30.

### **13. PICKING UP THE CHECK: ONE OF LIFE'S LITTLE PROBLEMS PL**

**Chuck Simons, Coordinator**

Sessions will be freewheeling discussions dealing with the dynamics involving family and friends in our daily lives. For example: Is it fair to split the check when just one couple orders the expensive entrees and wine? When preparing a will, what is fair if one adult child has done well and the other is a spendthrift? If I borrow my brother's car and the muffler falls off, what is the right thing to do? After mom's death, who gets the silver? I loaned my college buddy \$5,000 and he agreed to pay me \$100 a month, but payments stopped after five months. Now what do I do?

**NOTE: Minimum participants 10.**

### **14. ARE Wii THERE YET? PL**

**Nancy Mieszala and Len Larson, Coordinators**

Making fitness fun! Looking for an easy way to get fit? We're going to have you bowling, playing tennis and soccer, testing your flexibility and balance—and still have fun while you're

doing it. Maybe test your driving skills, too. (All by using Nintendo's "Wii" easy-to-use interactive video game system.) **NOTE: Maximum participants: 10; minimum 4. Note: four sessions: we will not meet the final week of the summer schedule.**

## **15. EXPLORE THE HISTORY OF THE ENGLISH LANGUAGE M**

**Betty Hansen and Vicki Mason, Coordinators**

Ever wonder where our language came from? Explore the origins of English and its many changes over time. Resources to be used include Robert MacNeil's The Story of English and segments of the Teaching Company series. Class participation will be encouraged. **Minimum participants: 12.**

**Thursday 9:00 a.m. – 11:30 a.m.**

## **16. THE WORLD'S GREAT CONQUERORS M**

**Sue Harty and Bob Masterson, Coordinators**

Whether they set out to plunder and pillage, to re-conquer lost land or to build empires, the world's greatest conquerors blazed trails of havoc across the pages of world history. Traveling the globe and spanning two millennia, we will examine some of the legendary figures who altered the course of history through their military brilliance and sheer willpower. We shed light on their exploits, and we will examine the strategies, weapons of conquests and the significance of each engagement. The conquerors we may look at are William the Conqueror, Cortes, Cromwell, William Tecumseh Sherman, and King David. History's greatest engagements will come to life as we profile the men whose brilliance and vanity shaped the world. **Note the longer time period.**

**Thursday 9:30 a.m. – 11:30 a.m.**

## **17. KNITTING M**

**Linda Van Bladel and Jan Mullins, Coordinators**

Whether you are a beginning or experienced knitter, you are welcome to join us to spend time learning to knit or working on a current project. Just bring your project or a skein of 4 ply yarn and size 8 knitting needles plus scissors, pencil and paper (or a pattern you are using). This will be a hands-on class. There will be a show-and-tell time on a regular basis. Join our group of knit wits! Maximum participants: 10; minimum 5.

## **18. BETTER LIVING THROUGH BETTER NUTRITION M**

**Audrey Beauvais and George Gintowt, Coordinators**

Most people want to live longer and better, but many lack the information to do so regarding good diet. Using the science-based Teaching Company series, "Nutrition Made Clear," our goal is to help you take control. In addition to the videos, there will be PowerPoint presentations dealing with topics such as organic and GMO food, psychology of eating, food safety, vegetarian vs. conventional diets and weight management, plus film clips and samplings.

**NOTE:** A \$5 fee to cover materials will be collected at the first session.

Maximum participants: 30; minimum 15.

## **Thursday 1:00 p.m. – 3:00 p.m.**

### **19. FROM THE GRAPE TO THE GLASS            M**

**Joan Reisen, David Sullivan and Joel Menig, Coordinators**

Explore the world of wine. We will explore the grapes, the tastes, the vineyards and more. Class will include practice in developing a “nose” and a palate, using a sommelier’s training kit. Participants will pay a fee of \$15 to cover two “tasting” classes featuring little known varieties for the everyday pocketbook. Maximum participants: 35; minimum 15.

### **20. REVISING ONE’S LIFE STORY            M**

**Kathryn Black, Coordinator**

The stories you tell yourself and others about your life greatly influence both your present feelings and the choices you make. We will explore alternative stories about your past experiences so you can perhaps change your future. (Maybe the Witch wasn’t wicked after all!)

## **Friday 9:00 a.m. – 11:30 a.m.**

### **21. SATIRE IN CINEMA: SOMETHING TO OFFEND EVERYONE            M**

**Kathie Newsted, Coordinator**

Join us for laughs and “tsk-tsk’s” while we wend our way through five satiric film classics. The films will hopefully contain something to offend everyone—smoking, dog shows, war, politics, etc. Bring your sense of humor, sense of outrage and sense of irony! Note the longer time period.

## **Friday 9:30 a.m. – 11:00 a.m.**

### **22. AMERICA’S WHITE HOUSE            M**

**Tom Gavigan, Coordinator**

Join us for a tour of the White House and discover its history along with the stories of the people who live and work there. We will use both videos and lectures on our journey. This study group will run one and a half hours each week.

## **Friday 9:30 a.m. – 11:30 a.m.**

### **23. WRITE YOUR MEMORIES            PL**

**Vern Johnson, Coordinator**

“What was it like when . . .?” Each week you will be given approximately 20 topics. In the first hour, you will write about one or more of them. In the second hour, we will read them. You will learn something about your classmates, and their stories may remind you of something in your life that you had forgotten.